Westways Primary School
Mona Avenue, Sheffield, S10 1NE
Tel. 0114 2662471
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Headteacher: Charles Hollamby
Co-chairs of Governors: Paul Robinson & Anna Rudkin

Friday 6th November 2026

Dear Parent/Carer,

In Design and Technology this half term, our topic is **Food and Nutrition** and the children will be making a 'sustainable stew'.

To prepare for this, the children will be researching, tasting and evaluating a selection of different canned **stews, soups and cooked vegetables**. The selection will include stews and soups that are **vegan, gluten free, dairy free and nut free.**

If your child has any other allergies or intolerances or you have any other questions regarding this lesson, please speak to, or email, your child's class teacher.

Kind regards,

Mrs F Bowen / Mrs H Elliott / Mr R King / Mrs L Peverelle/ Miss E Jarvis

Year 5 class teachers